

MERIDIAN	CHAKRA	FRONT / BACK
Central	Crown	Front
Governing	Crown	Back
Pericardium	Brow	Front
Triple Heater	Brow	Back
Spleen	Throat	Front
Stomach	Throat	Back
Liver	Heart	Front
Gall Bladder	Heart	Back
Lung	Solar Plexus	Front
Large Intestine	Solar Plexus	Back
Kidney	Sacral	Front
Bladder	Sacral	Back
Heart	Base	Front
Small Intestine	Base	Back