

## ORGAN RELATED EMOTIONS

ALARM POINT	ORGAN	POSITIVE EMOTIONS	NEGATIVE EMOTIONS
Lung	Lung	Appreciated, cheerful, sociable, glad, friendly.	Criticised, depressed, grief for self, grief for others, recluse, sad, unfriendly.
Pericardium	Pericardium (casing of the heart)		
Heart	Heart	Forgiveness, loved, success, empathetic, remembered, secure, agreeable,	Bitter, broken-hearted, defeated, disgusted, forgotten, insecure, sour, unloved,
Liver	Liver	Faith, content, powerful, trusting, understandable,	Despair, distressed, helpless, hopeless, incapable,
Gall Bladder	Gall Bladder	Listening, confident, organised, comfort, proud, compassionate.	Arrogant, confused, disorganised, hurt, humble, smug.
Stomach	Stomach	Content, patient, comfortable, repulsive, reliable, calm.	Discontent, disgusted, impatient, nauseated, unreliable, upset.
Large Intestine	Large Intestine	Clear, satisfied, united, certainty, merciful, hopeful, understood, included, befriended, enlightened.	Barrier, craving, cut-off, doubt, exasperated, forlorn, incomprehensible, left out, lonely, lost.
Triple Heater	Thyroid / Thymus	Listen, easy, courage, accepted, compassion, cared for, respected, goodness, reasonable, worthy.	Defensive, difficult, fearful, imposed upon, made a fool of, neglected, put down, shamed, stupid, unworthy.
Small Intestine	Small Intestine	Eager, helpful, desirable, willing, co-operative, unselfish, appreciated.	Compelled, forced, pressured, obligated, unwilling, selfish, unappreciated.
Bladder	Bladder	Modest, hopeful, assured, productive, useful, bold, rested, fulfilled, refreshed.	Embarrassed, futile, impossible, in vain, shy, tired, wasted potential, weary.
Spleen	Spleen	Befriended, courageous, useful, value.	Betrayed, uncourageous, useless, worthless.
Kidney	Kidney	Mild, patient, steadfast to right, loyal, affectionate, justice, understanding.	Aggressive, angry, ashamed, at fault, disloyal, hate, injustice, intolerant.

SCAN THESE TO IDENTIFY THE ORGAN/GLAND AND THEN CORRESPONDING EMOTIONS.

ALARM POINT	ORGAN/GLAND	POSITIVE EMOTIONS	NEGATIVE EMOTIONS
N/A	Eye	Included, adjusted, accepted, fulfilled, successful, comfort, composed.	Abandoned, clingy, forsaken, longing, overwhelmed, shattered, yearning.
N/A	Ear	Adore, helpful, innocent, responsible, acceptable, supportive, forgiveness, interested.	Abhorrent, can't help, guilty, irresponsible, repulsive, unsupportive, vindictive, uninterested.
N/A	Nervous System	Patient, calm, willing.	Aggravated, pushed, agitated.
N/A	Skin	Secure, friendly, enjoyable, calm, settled, harmonious, pleasant.	Apprehensive, creepy, icky, restless, squeamish, uneasy, unpleasant.